



milly & martha's POLDARK TRAIL

Discover Poldark hotspots across the county with our easy to follow trail – ideal for die-hard fans of the BBC series, or those simply looking to discover some of Cornwall's most beautiful locations.

2 St Agnes Head

Saint Agnes, TR5 0ST

The rugged landscape of St Agnes Head starred as the Nampara Valley in the series- part of Poldark's family estate- with its cliff top engine houses perfectly representing Cornwall's rich mining history. Explore the area with the St Agnes Head Lookout Loop, an easy 1.3 mile coastal stroll through the heathland taking in the incredible sea views, then grab an ice cream at the Chapel Porth Café and enjoy it on the vast low tide sandy swathes of Chapel Porth beach.

3 Porthcothan Bay

Porthcothan Bay Beach, Padstow, PL28 8LW

The dune backed golden sands at Porthcothan Bay are used to depict the fictional Nampara Cove in the series; the perfect spot for broody moments looking out to sea (very Poldark-esque). After exploring the bay, head just across the headland to Padstow- the location for several of Poldark's cliff top scenes- for a day exploring the harbour town's pretty cobbled streets, packed with boutique shops, delicious eateries and Rick Stein's famous patisserie, where you can get your hands on one of Cornwall's most iconic exports and miners' favourite- the Cornish pastry.

4 Bodmin Moor

Roughtor Rd, Camelford, PL32 9QJ

Poldark's multiple scenes on horseback were filmed amidst the stunning, rugged landscape of Bodmin Moor, as well as the exterior shots of Poldark's Nampara cottage. Explore the Moor as Poldark did, on horseback, for an exciting day out for all ages. If you prefer to keep both feet firmly on the ground, then why not give the circular walk around Roughtor Tor and Brown Willy a go, both of which featured in the series; a challenging 5 mile walk starting from Roughtor car park, taking in spectacular views of the North Cornish coast and the highest point in Cornwall.

1 Botallack Mine

Botallack, St Just, TR19 7QQ

Head to Botallack Mine, tucked away on the county's western coastline famous for its tin mining heritage, to see the Wheal Owles which played the role of 'Wheal Leisure' in the series; the very mine that Poldark himself attempts to resurrect. You can also enjoy the spectacular one mile walk along the coastline from Botallack to visit nearby Levant Mine- Tressiders Rolling Mill in the series- which is also part of the Cornish Mining World Heritage Site. Enjoy a hearty lunch at The Queen's Arms, Botallack or, if you've packed a picnic, enjoy it inside the National Trust's historic Count House in the area.

5 Charlestown

Charlestown, St Austell

The perfect location for Poldark's 18th century principal town, the port village of Charlestown on the county's southern coastline bags itself a starring role throughout the series. Check out the historic tall ships docked in the harbour- employed in film projects all over the world- and explore the small sandy beach before grabbing a bite to eat at Charlie's Boat House.

6 Poldark Mine

Trehear, Helston, TR13 0ES

The series' namesake itself- Poldark Tin Mine is the county's only complete remaining tin mine found near the pretty village of Helston on the Lizard Peninsula. Here, you can really get a taste of what life in the tin mines was like with an underground tour, donning a hard hat and exploring the mine's many tunnels and caverns. Afterwards, head to Helston for a real taste of the West with a pint of Spingo- a locally renowned strong ale- brewed on site at the Blue Anchor Inn. One hundred years ago this pub became so popular with local tin miners that they were paid their wages at the bar!

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8 Porthgwarra Beach

S W Coast Path, St Levan, Penzance, TR19 6JR

A beautiful beach with crystal clear waters, located between Land's End and the fantastic Minnick Theatre. Eagle eyed viewers will recognise it from scenes including the landing of the Pilchards and Ross Poldark's famous swimming scene, as he was watched closely by Demelza. Head to the traditional seaside shop at Porthgwarra for a seaside snack- credited by Aidan Turner for staying open until 4am to make sure the crew were well fed with delicious pasties as they filmed.

7 Church Cove, Gunwalloe

Gunwalloe Church Cove Beach, Helston, TR12 7QG

Head to the golden sands of Church Cove in Gunwalloe to see where Poldark's night-time shipwreck scenes were filmed; actually next door to the scene of many real-life shipwrecks itself- Dollar Cove- so called because of the Spanish ship San Salvador which ran ruin here in 1669, losing its cargo of silver coins to the waters. Take a step back from the sea and visit the serene Loe Bar Lake – the largest freshwater lake in Cornwall- then head to the nearby Porthleven harbour for a bite to eat at Amelie's; quoted as one of the top 20 Seafood Restaurants in Britain.



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